

ALZHEIMER'S AND BRAIN AWARENESS MONTH

A Special Educational Series



NUTRICION PARA LA SALUD DEL CEREBRO | June 8 at 5:30 PM

Ask the Expert, featuring Paola Garza, BS in Nutrition and Food Science, presented in Spanish.
Click here to register for this session.



UNDERSTANDING ALZHEIMER'S AND DEMENTIA | June 16 at 6:00 PM

Ask the Expert, featuring Dr. Olivia Okereke.
Click here to register for this session.



10 WARNING SIGNS | June 23 at 10:00 AM

Ask the Expert, featuring Dr. Jonathan Drake.
Click here to register for this session.



BRAIN HEALTH CAN START IN THE KITCHEN | June 27 at 12:00 PM

Ask the Expert, featuring Alison Dvorak, MS, RDN, CDN
Click here to register for this session.



To register, please click the link, scan the QR code,
or call our 24/7 Helpline at 800.272.3900

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