

Sign up for this FREE COMMUNITY EVENT

Saving our Teens

Crisis Mental Health & The Next Generation



Thursday, June 14 (Flag Day)

Stony Brook Middle School Auditorium

9 Farmer Way, Westford MA

This special forum offers an up-to-the-minute snapshot of mental health issues affecting our region's youths and how to help. Learn about the pressures facing today's teens, behaviors to look for, and local resources.

PANELISTS:

Dan Rosa, Ph.D. – Understanding Anxiety and Depression in Today's Youth

Sue Hanly, RN – Destigmatizing Mental Illness: What Care Providers Need to Know

Jon Mattleman, MS – The Secret Life of Teens

6:15 pm Registration
and light refreshments

7:00 pm to 9:00 pm
Panel discussions
and Q&A

**Registration in advance
is appreciated!**

To sign up:
Call 978-399-2549 or e-mail
NBurns@WestfordMA.gov

Child Care available for
children ages 4 and up.
MUST pre-register by
5PM Friday, June 8.

Audience: This timely forum on mental health concerns and our region's youth is especially for emergency responders, teachers, counselors, nurses, youth advocates, concerned parents, and area residents.

Approved for 2 OEMS hours for EMTs and 3 CEUs for nurses.



Public Health
Prevent. Promote. Protect.

Hosted by: The Westford Health Department and the
Upper Merrimack Valley Medical Reserve Corps.



Refreshments
Courtesy of:

