Save the Date for a Special Forum:
Crisis Mental Health and the Next Generation
Thursday June 14 – 6:30 to 9:30 p.m.

A major event in the planning stages that you won't want to miss! Please mark your calendars *now* for June 14, 2018. Here are some of the details.

All of us are concerned about pressures on the region's young people. Between anxiety over grades and college admissions, the prospects of six-figure debt by graduation, increasing fears of school shootings, substance abuse and other concerns, today's teens are living with unprecedented levels of stress. This FREE forum is presented by the Upper Merrimack Valley MRC and the Westford Health Department. Logistics are as follows.

WHO: Emergency responders, teachers, counselors, youth advocates, and concerned residents
WHAT: Forum on crisis mental health and our region's youth
WHEN: Thursday, June 14 *(Flag Day!)*
TIME: 6:30 p.m. registration, 7 to 9:30 presentations
PLACE: Stony Brook School Auditorium
ADDRESS: 9 Farmer Way, Westford
CONTACT: Nancy Burns, 978-399-2549
CONFIRMED SPEAKERS:

Dr. Daniel Rosa	Sue Hanly, RN
Dr. Jonathan Mattleman	Dr. Teodolinda Pique

CREDITS: 2 OEMS hours for EMTs and 3 CEUs for nurses.

This special forum is for anyone who would like to get an up-to-the-minute snapshot of mental health issues affecting our region's youths and how to help. Hear from local experts on the daily lives of teens, in school and beyond. Are today's young people at greater risk of anxiety and depression? How do these concerns manifest themselves? Should caring adults and health professionals be on the lookout for subtle warning signs? What is the scope of the issue? Do statistics reflect an increase or decrease in the risks of mental health crises? Learn what's really going on with our teens, and positive responses to help them navigate the rough waters for today's adolescents.